



## 你有在照顧失憶症家人嗎？ 你希望與其他有同樣經驗的人交流和得到支持嗎？

橙縣老人失憶症協會 (Alzheimer's Orange County), UCI 記憶及神經疾病研究中心 (UCI MIND), 亞美老人服務中心, 南海岸中華文化協會/爾灣中文學校通力合作, 共同組織爾灣華人失憶症守護天使互助會。

- 和有相同際遇的守護天使們分享經驗和苦樂。
- 識別通常一般和與“失憶”有關的行為徵向。
- 懂得如何以適當的態度來看護患者的正常起居活動。
- 學習如何與患者溝通的工具和技巧。幫助自己，也幫助家人

### 歡迎橙縣華人守護天使們積極參與!

時間： 每月第一個星期六上午十點三十至十二點

地點： 爾灣中文學校 9 Truman Street, Irvine

請電：李若冰 (949) 824-2147、(714) 386-0511  
黃文晶 (213) 999-5136  
李樂文 (949) 395-5440

Are you taking care of your loved ones with Alzheimer's?

Would you like to share and get support with other caregivers?

Alzheimer's Orange County, UCI Institute for Memory Impairments and Neurological Disorders (UCI MIND), Irvine Evergreen Chinese Senior Association and South Coast Chinese Culture Association/Irvine Chinese School are collaborating on organizing Alzheimer's Caregiver support Group for family caregivers to:

- Share with other caregivers experience in caring loved ones
- Learn to identify memory loss due to aging and dementia
- Understand patient's change of personality and behaviors
- Learn how to communicate with patients to help yourself and other family members

**All the caregivers in Orange County are welcome!**

Time: the first Saturday of the month from 10am to 11:30am

Place: 9 Truman Street, Irvine, CA

Contact: Ruobing Li 949-824-2147, 714-386-0511

Wenjing Huang (213) 999-5136

Norman Lee (949) 395-5440