

We contacted study participants who moved away from the Leisure World area to invite ourselves into their homes all over the USA. Many accepted our invitation for a research visit! We have visited over 50 people in AZ, OR, WA, CO, IA, MN, MI, OH, VA, MD, NC, GA, and FL. During our visits, we conducted a few memory exercises and a short physical examination. We would like to meet with all participants of **The 90+ Study**. Please call Mrs. Ducey, if interested in a visit from our research team.

The 90+ Study has enrolled **858** participants. It is the largest research study of 90 year olds to date. Thanks to all who provide your valuable information to us.

We Are Studying:

1. Longevity
2. Dementia
3. Mental and physical function
4. Brain donation (optional)
5. Genetic studies (optional)

The 90+ Study is funded by the National Institute on Aging.

Normal in The Nineties

People aged 90 and older are the fastest growing segment of the population. Normal scores are needed to differentiate those ninety year olds with cognitive impairments from those who remain mentally intact. Cognitive test results of the first 305 high-functioning members of **The 90+ Study** were presented this year at the American Academy of Neurology which generated much interest from the audience. Results showed that on average thinking skills decline but only slightly.

This is the second edition of Old News is Good News, newsletter of **The 90+ Study**, designed to keep you informed of progress in our research. This newsletter is sent to all participants and family of **The 90+ Study** as well as members of the Leisure World Cohort.

Brain Donation Reminder

If you or your loved one have signed up for **The 90+ Study's Brain Donation Program** and wish to have more Donor Cards or Magnetic Cards sent to you, please call Ms. O'Flynn at 949-768-3635. Thank you for your continued participation in this vital research. Those interested in learning more about brain donation should call Ms. O'Flynn.

Meet Mrs. Ducey

Mrs. Beverly Ducey is the recruiter for **The 90+ Study** so most of you have had the pleasure of meeting her over the phone. A native of Michigan, Mrs. Ducey moved to California in 1957. She worked for the U.S. Census Bureau where she would track down hard-to-locate residents. This skill and her friendly personality enabled her to join Dr. Annlia Paganini-Hill of USC when the Leisure World Cohort Study began in 1982. She stayed with that study until her retirement in 1998. With the launching of **The 90+ Study**, Mrs. Ducey came out of retirement and joined our team because of her strong belief in the research. Since working here, she vows she never wants to retire again!

If You Move Or Have Questions

If you move, please send us your new address and phone number. We want to keep track of all participants and family of **The 90+ Study**. We would also greatly appreciate notification from family or friends when a participant dies.

Siblings Can Join The 90+ Study

We are now enrolling brothers and sisters of participants, even if younger than 90. If you have a sibling interested in joining who lives near you or in the southern California area, please let us know.

Annual Appreciation Party

Our first Annual Appreciation Party took place this past June. Lunch was served while Dr. Claudia Kawas addressed the crowd of over 100 people who met at Clubhouse 1 in Leisure World. Research posters were on display of the numerous projects your participation has resulted in. For entertainment, we enjoyed Mr. Irving Miller's soulful rendition of the poem The Flag, in honor of Flag Day. And if you happen to know LW resident Frank Buchanan, then you know he loves to sing! And sing for us he did that day! Thanks again, Frank. Good food, good company, a great time was had by all! We hope to see more of you and your family members at the second party this coming June, invitations coming.