



# Epigenetics in Alzheimer's Disease Risk

Vivek Swarup

Associate Professor

Institute for Memory Impairments and Neurological Disorders

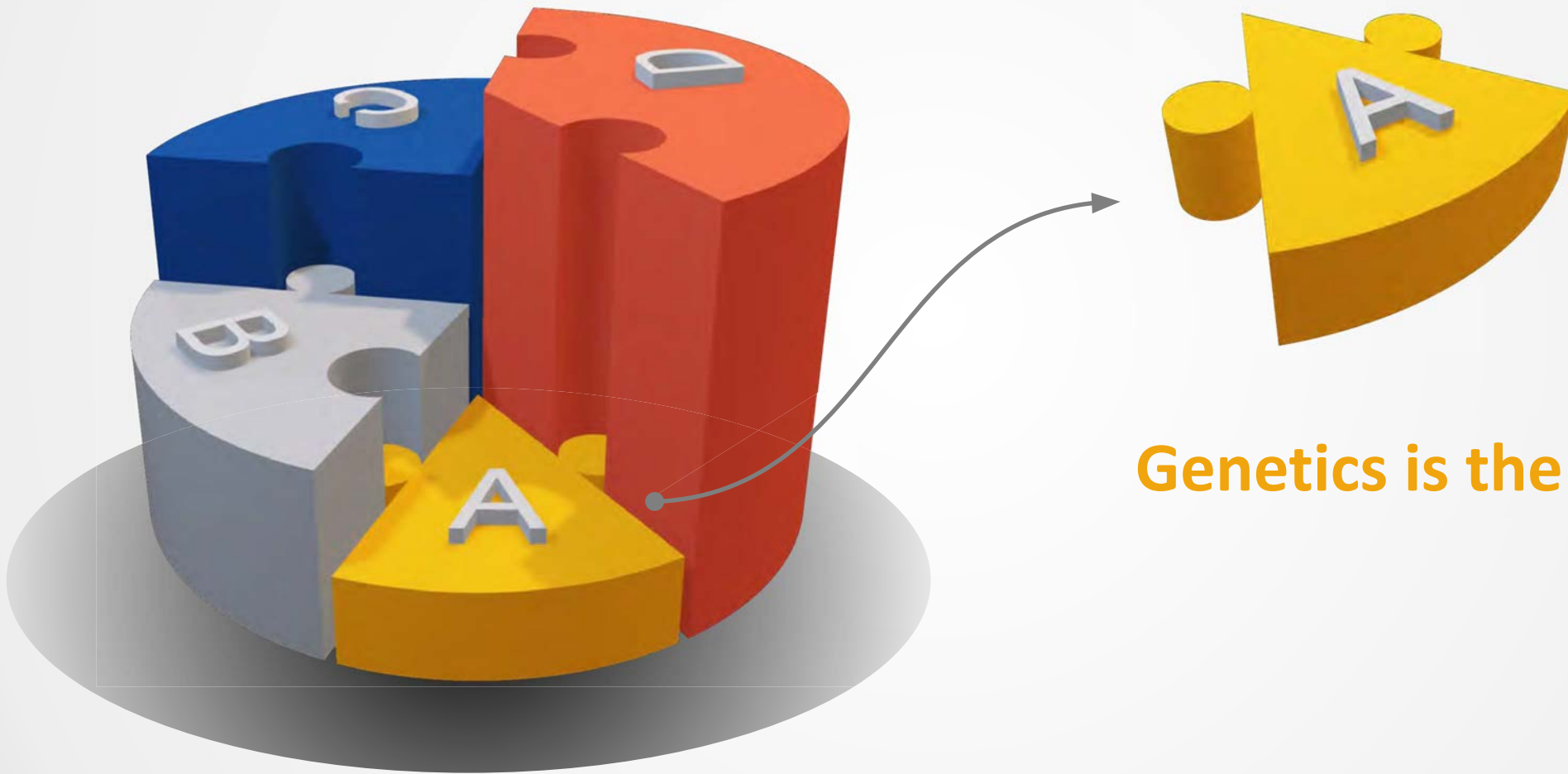
Department of Neurobiology and Behavior

Charlie Dunlop School of Biological Sciences

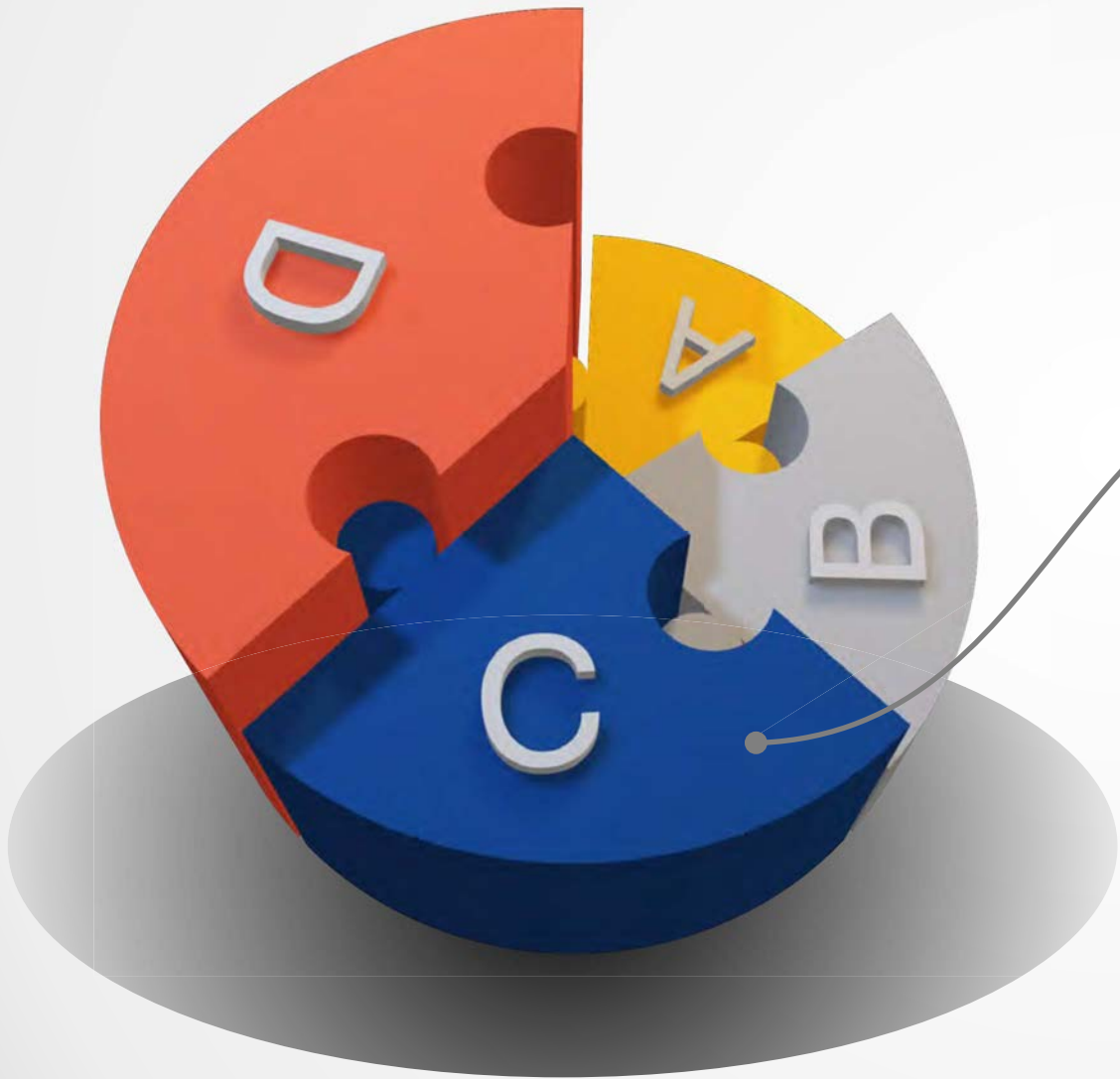
University of California, Irvine

**The plan, the promise and the truth ...**

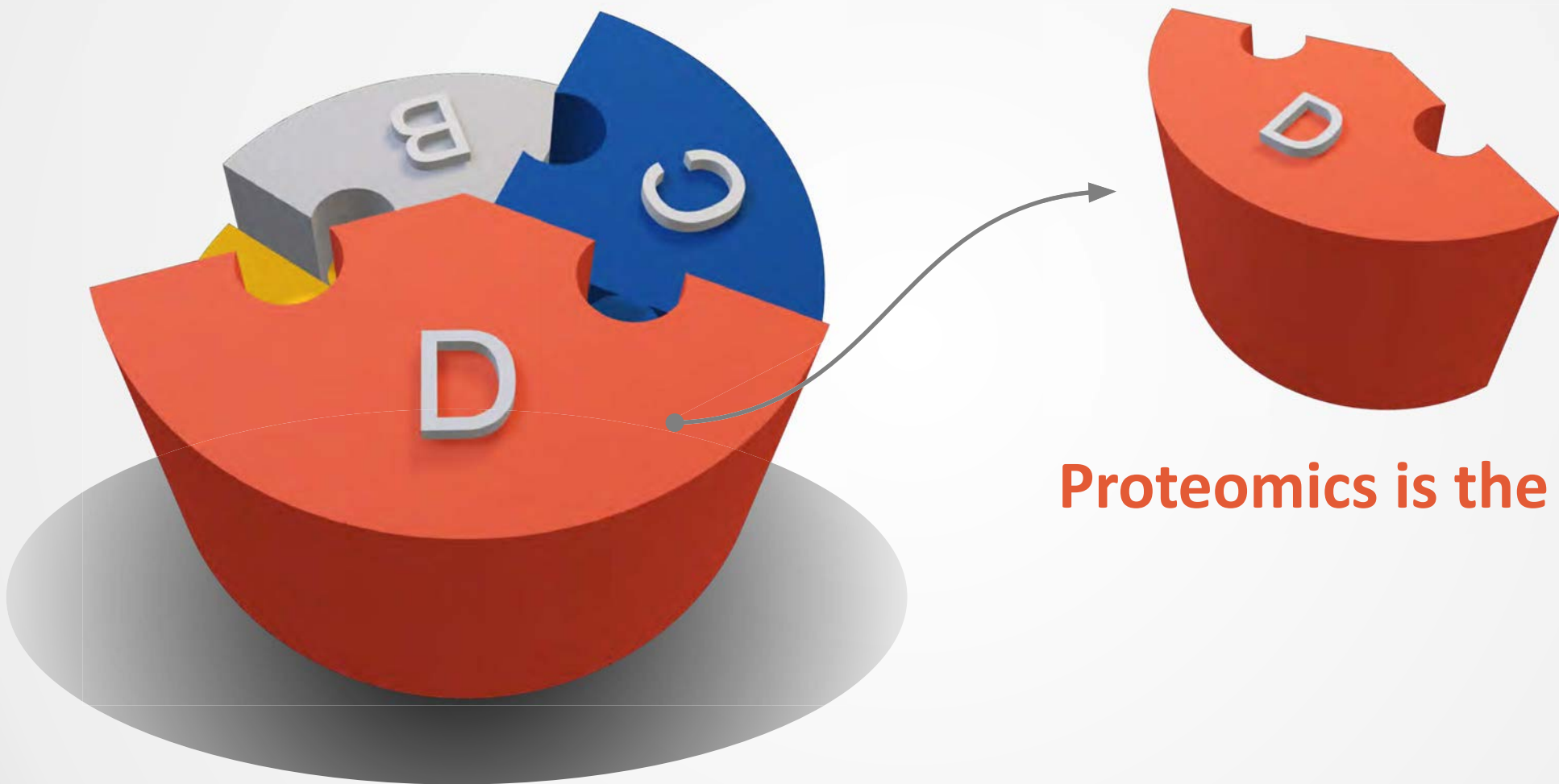




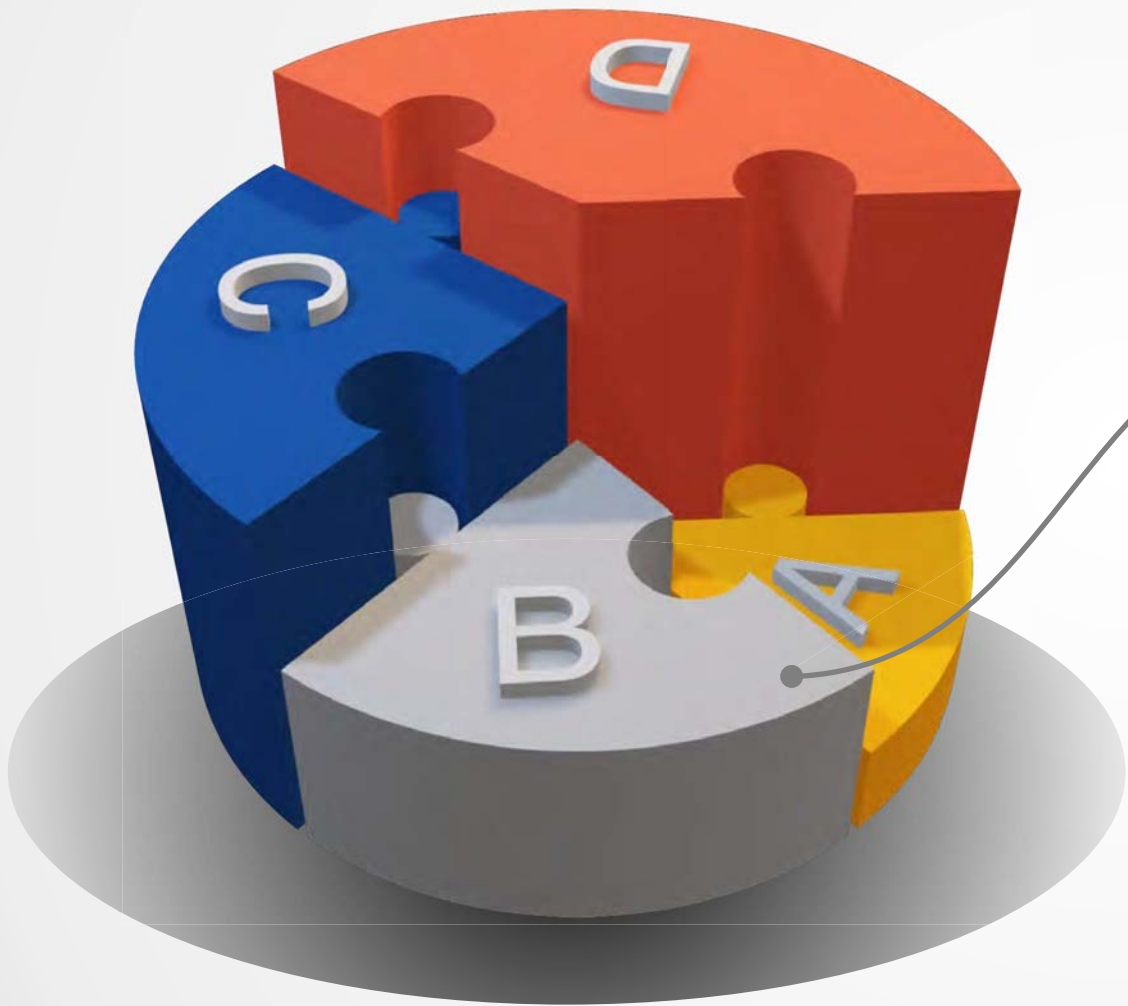
Genetics is the **Plan**



Transcriptomics is the **promise**



Proteomics is the **truth**



Epigenomics is the **script**

C

**The Promise**

Transcriptomics

B

**The script**

Epigenetics



D

**The Truth**

Proteomics

A

**The plan**

Genetics

# Epigenetics

Epigenetics is  
the bookmark  
and highlights

ATTGGCTTGAGTGCTTCATGG  
ACGTCCCCTGACATCTATCCC  
GTCCATTTCCGT  
AGT CGTGCTGTAT  
CT GACTGCACGT  
AA CGTLGCTTGG  
CT TGTCAGTTAG  
GATCCACGGCTGCATGCTGCC  
ATGCGTGCGCTCATCTACTGG  
GACCGTGTCACGTEFCGCATG  
CATTGGTCCGCTCTCCACTCC  
GCCTCGACTGGACCAGTTGGC  
GCGCCTGCAGCTGATACTTTC  
GCACCCTTAGGCAGCACCATG  
TOCCTAGAGACCCATGTCCGA  
GCTCTAGCATCGCTCTCACGG  
ACTCCCAGGACCACCTACTTO  
GAGACCCTATCGTGGTGCTGG  
CGGTTACAATGGAGGCATTGC  
GGCGCTCGACATCTCCTGTCTG

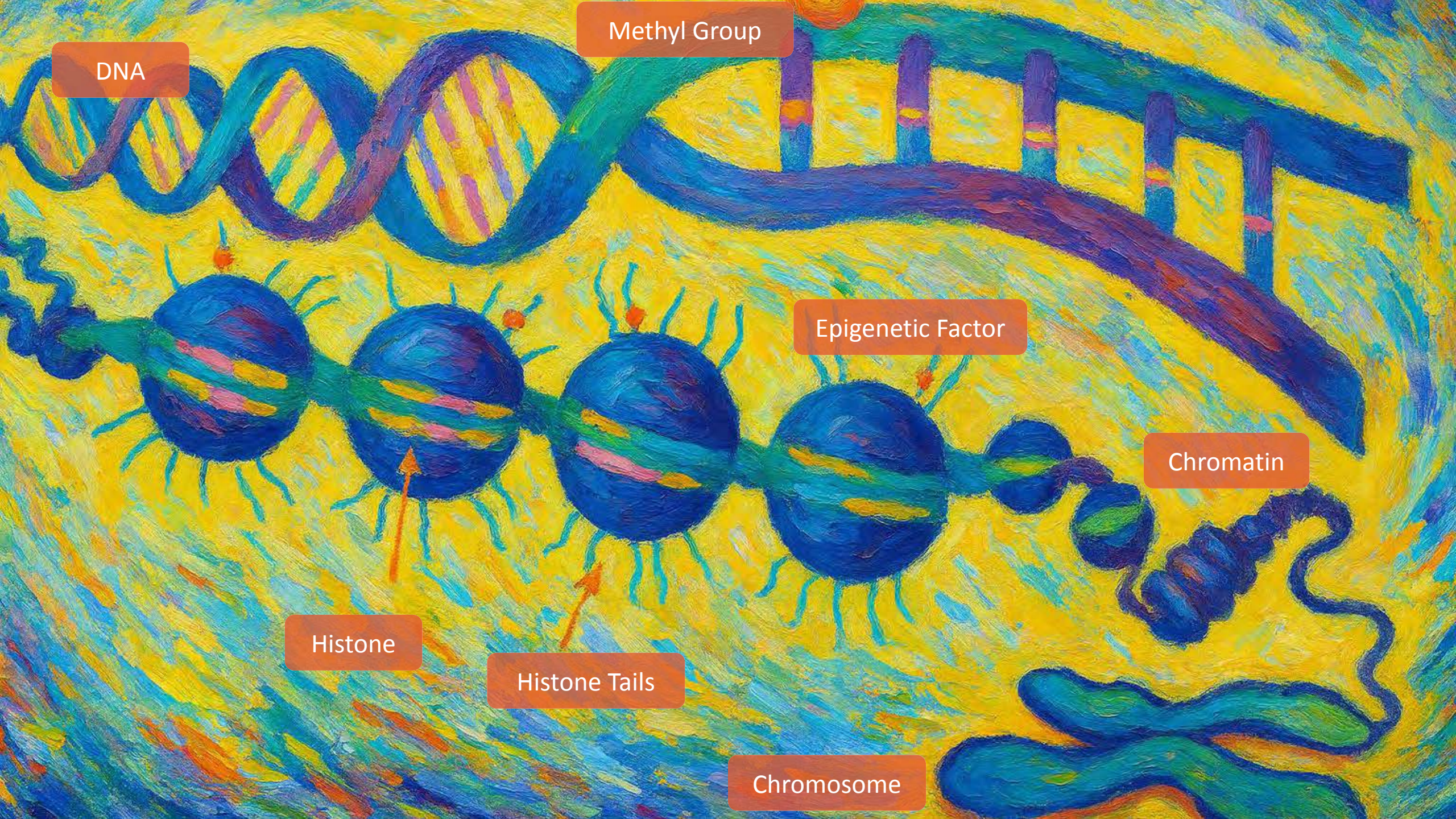
GTCATGTGCC  
CCGTCTGTCGC

GACTCGCCAGCAGATCACGTCC  
CATCACCTGTTCATTGGCTATT  
CCCTGCA TGTCAGCAGCAGCTC  
GTTGACTGTACTGTTCTGGGGC

GGGTGGCCTGGTAGCAGCTGT8

TCAGTGGCCCCACAGCTGGTCCG

GTAGAGATCAGACATCGCCCTA  
GTAGACAGCATATCAGATGCATC  
GCACTGCTGACTGCCATGTTCG  
ATCTCATACTGACTCTCTCBLCT  
AACCTGAATCCATATCTCCACT  
CCCGGCTCGCTGACCATTCTGAG  
CACAGCCATCAGGGCCTGGATTT  
CTAGAGCTACCGGGCTTCGTGCT  
GACTGCCTCGACTCATCGACTCC



DNA

Methyl Group

Epigenetic Factor

Chromatin

Histone

Histone Tails

Chromosome

# Well known DNA epigenetic mechanisms

## Histone Modifications

Histone methylation  
Histone acetylation



## DNA modifications

DNA methylation



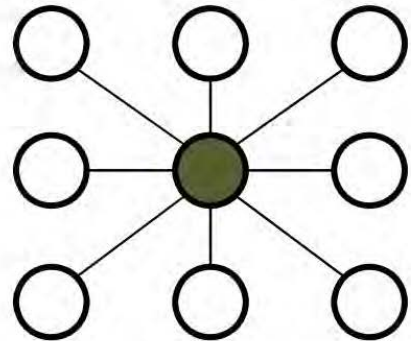
## Chromatin Remodelling

Chromatin interactions  
Open/closed chromatin

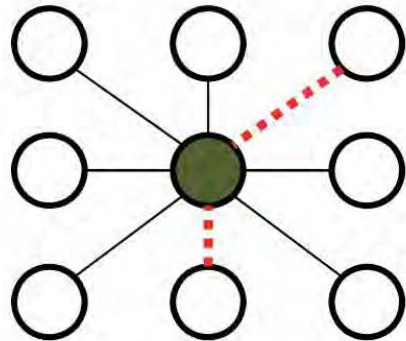


# Epigenetics in Learning and Memory

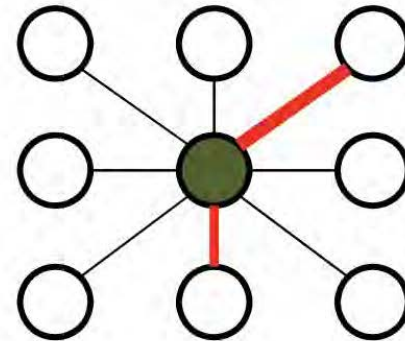
Before Learning



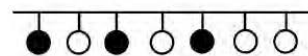
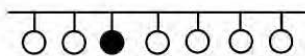
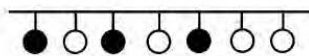
Memory Formation



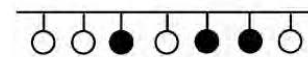
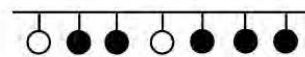
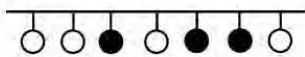
Memory Maintenance



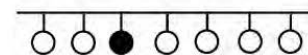
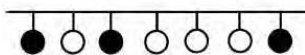
Gene A



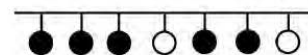
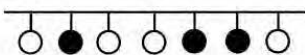
Gene B



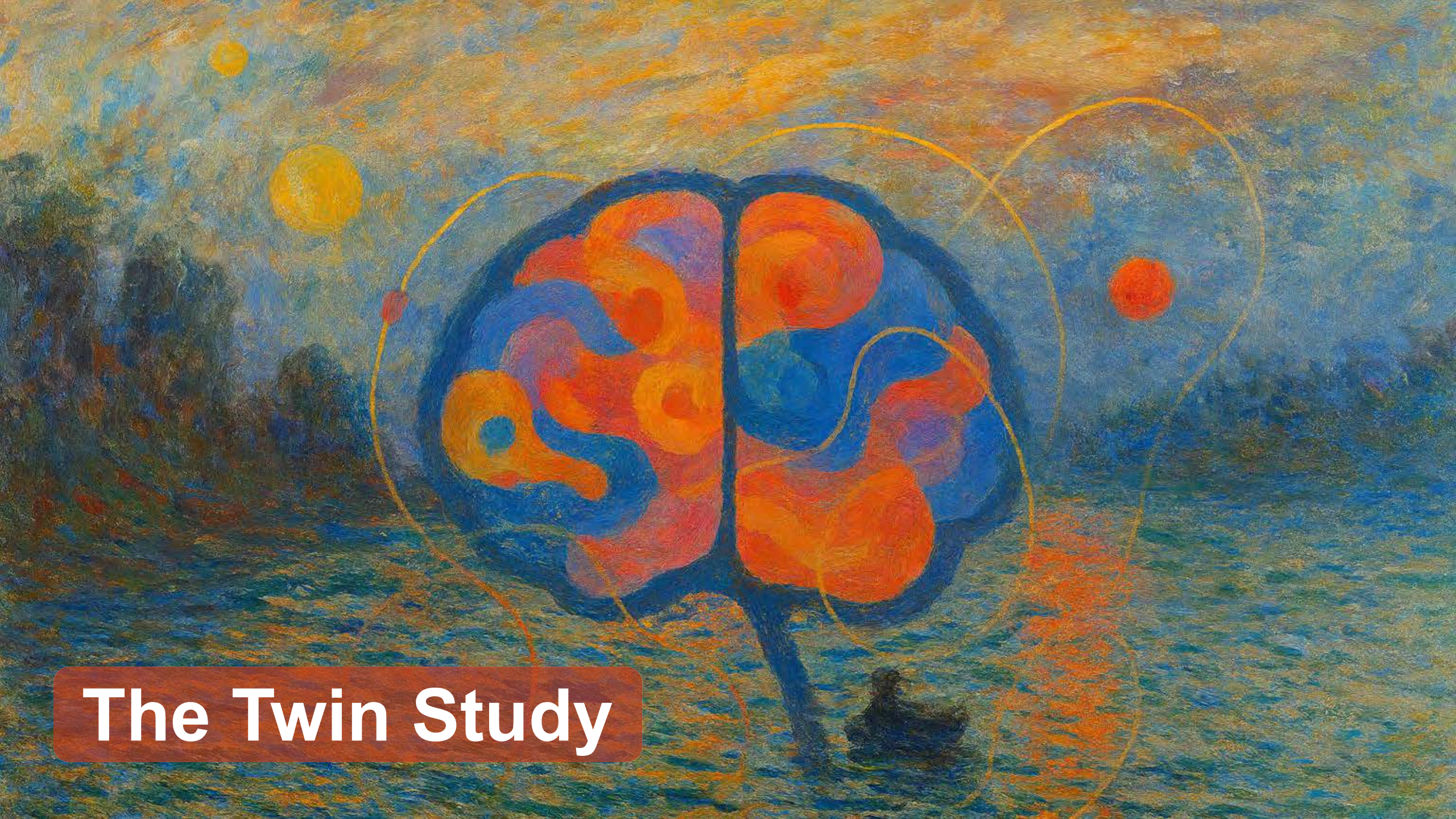
Gene C



Gene D



- Methylated CpG
- Unmethylated CpG

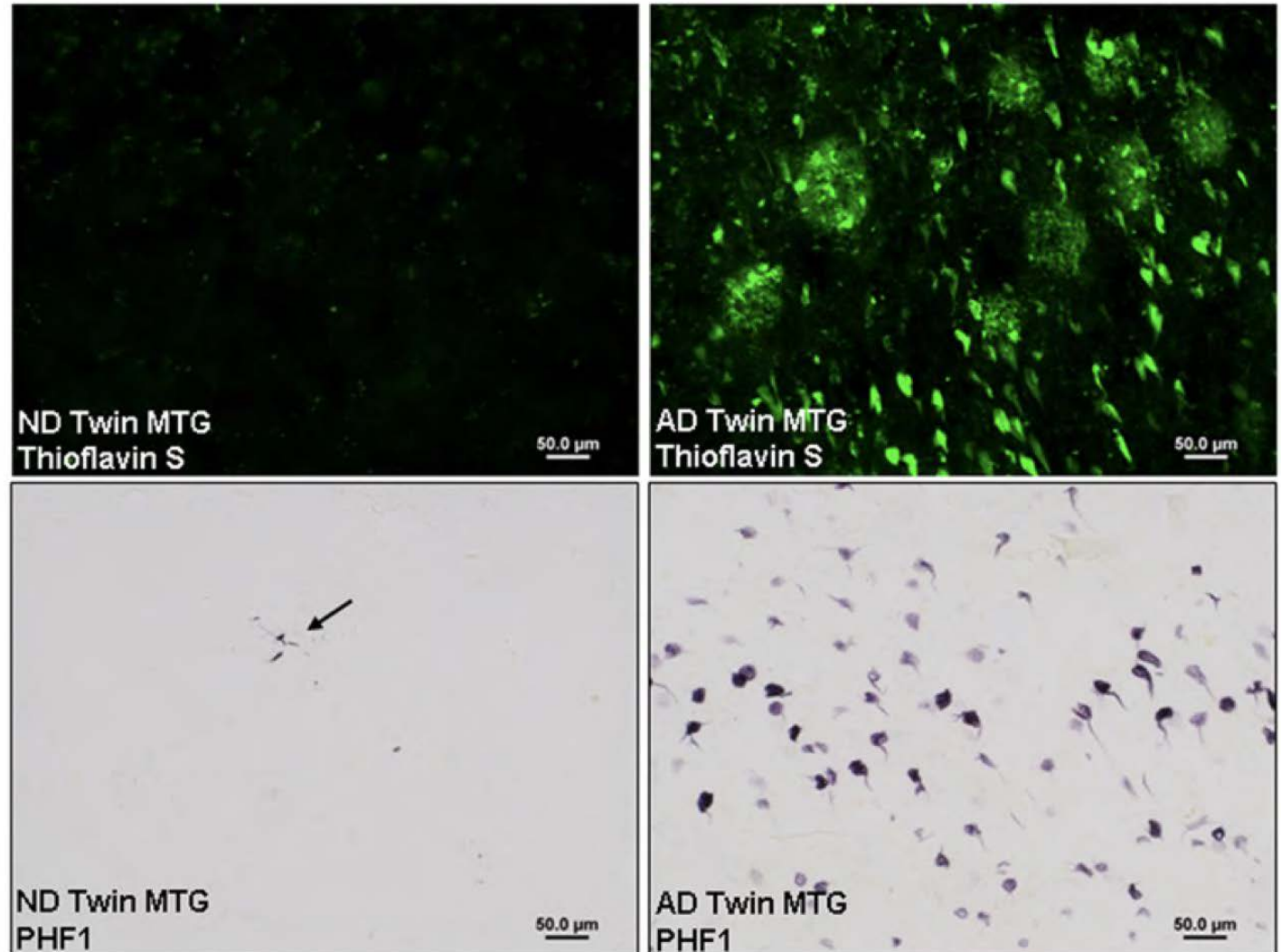


**The Twin Study**

# Divergence in Genetically Identical Twins

- **Genetically identical twins with divergent outcomes:** One twin - developed severe, late-onset Alzheimer's disease (Braak VI), while his cognitively intact twin (Braak II) remained disease-free until death, despite identical genetics and similar education/lifestyle.
- **Matched postmortem brain analysis:** Found profound epigenetic differences,

Mastroeni et al., 2009, Plos One



Non-demented Twin

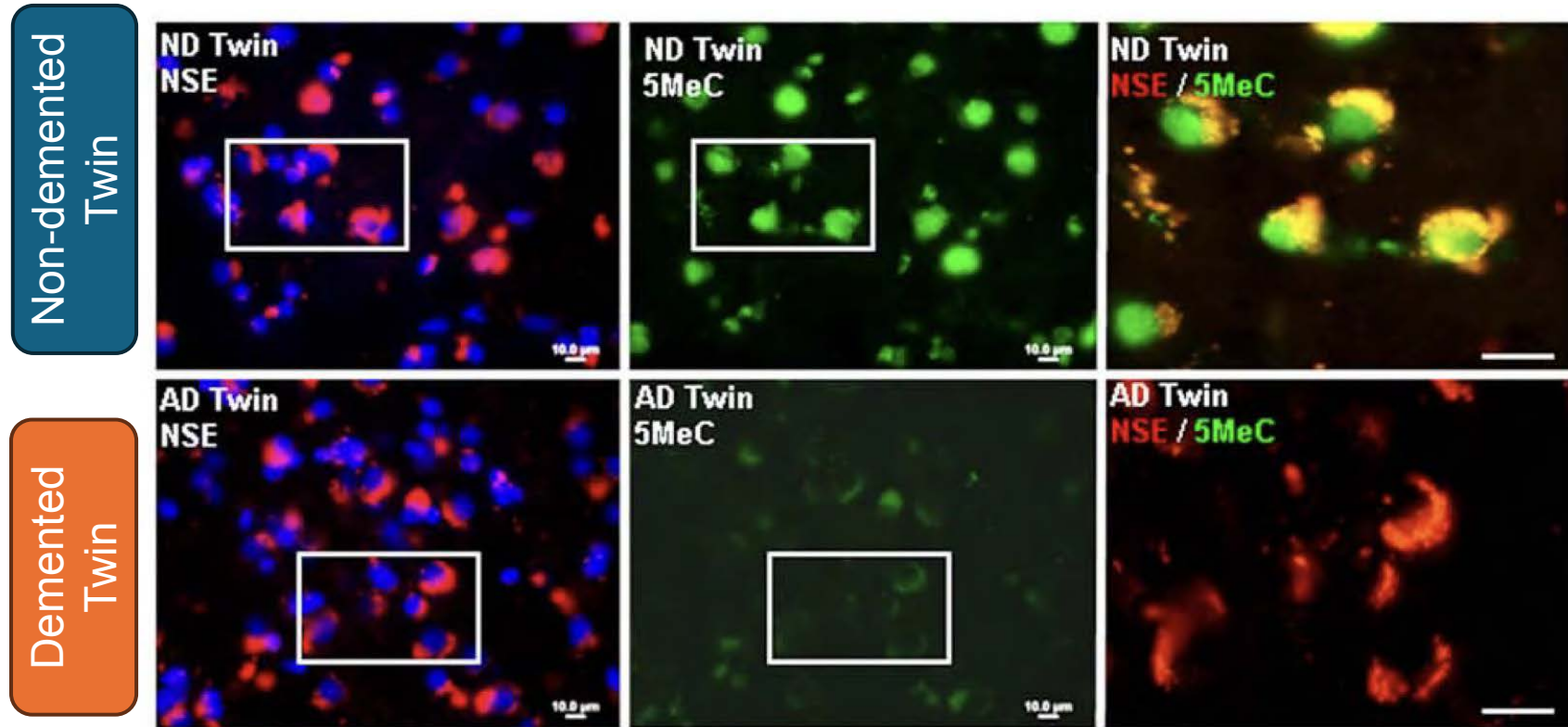
Demented Twin

***If genes don't change ...***

***why do identical twins age  
differently or develop  
different diseases?***

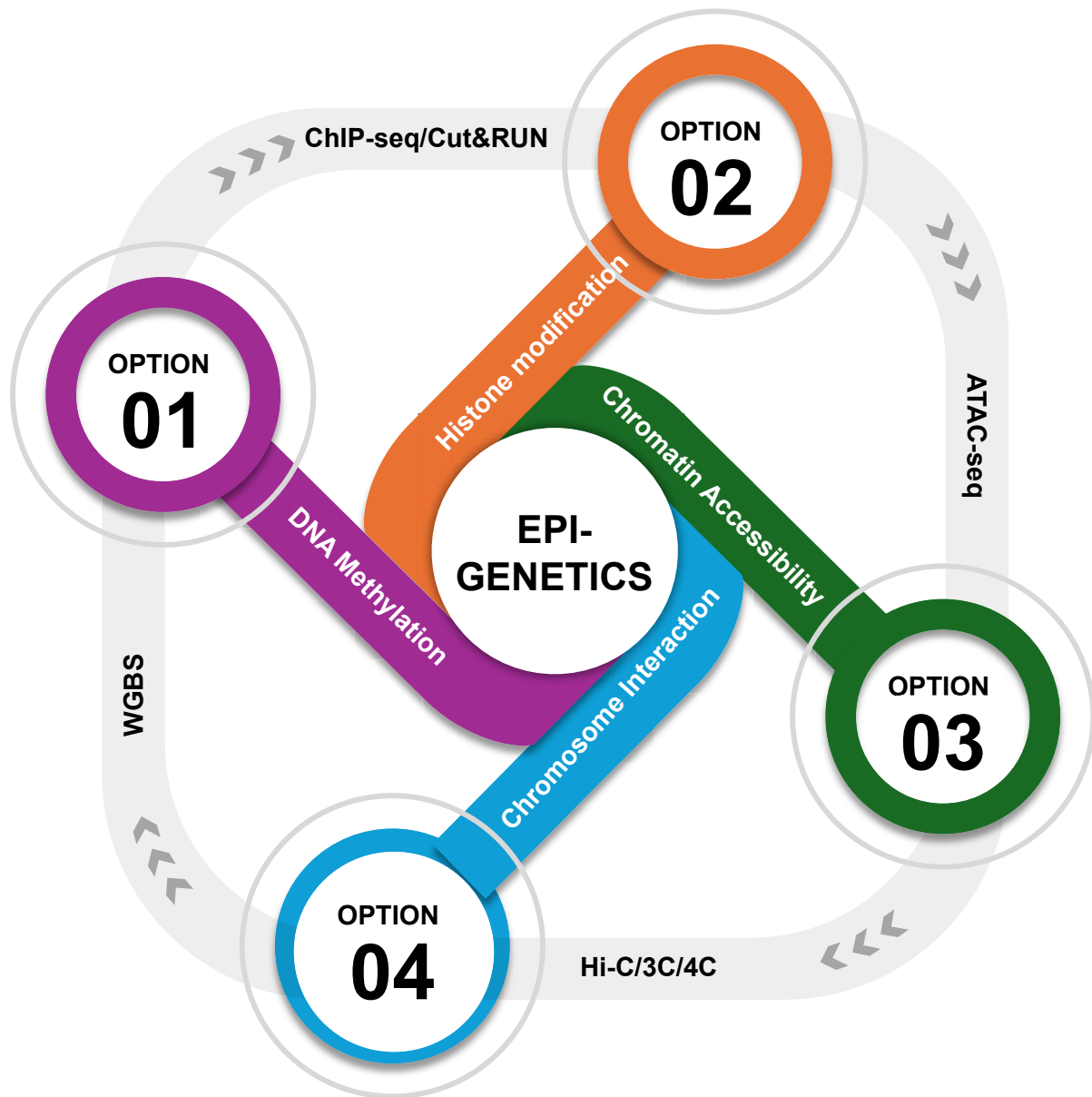
# Epigenetic Divergence in Genetically Identical Twins

- **Marked global DNA hypomethylation** in cortical neurons, astrocytes, and microglia of the AD twin compared to the non-demented twin, especially in temporal neocortex .
- **Region- and cell-type specificity:** methylation unchanged in cerebellum but markedly reduced in AD-affected cortical layers II–III, implicating epigenetic dysregulation—not genetics—as a driver of Alzheimer's pathology

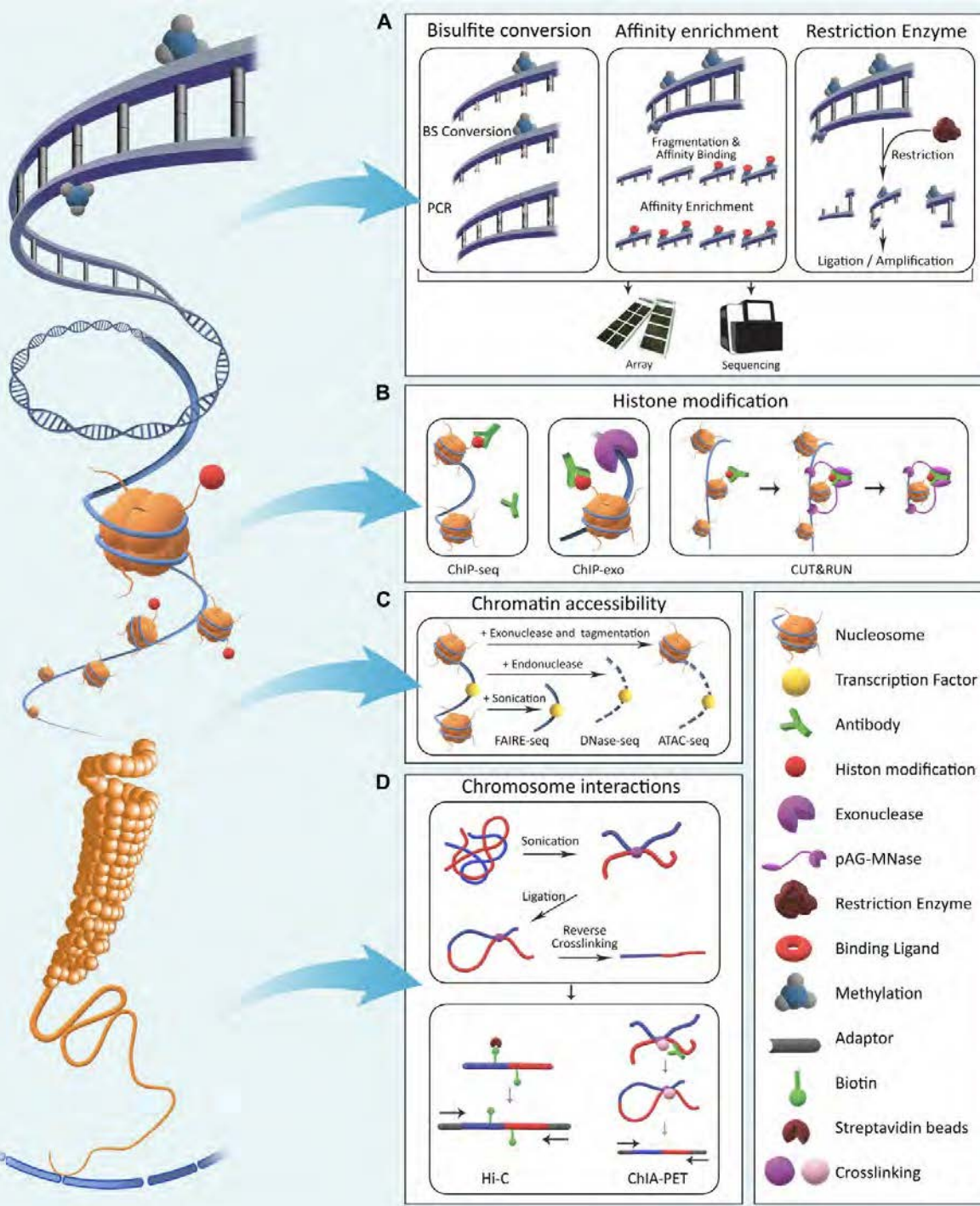




**High-throughput  
Epigenetic profiling**



Mehrmohamadi et al., Front. Cell Dev. Biol., 2021

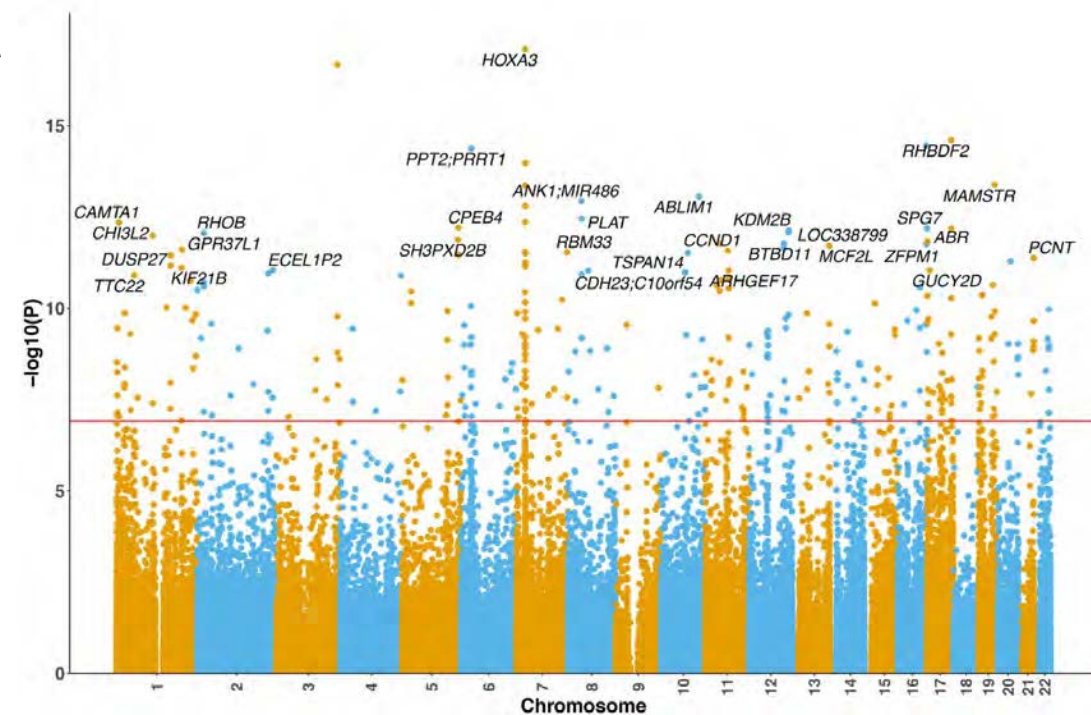




# Epigenetics in AD

# DNA methylation signatures in AD

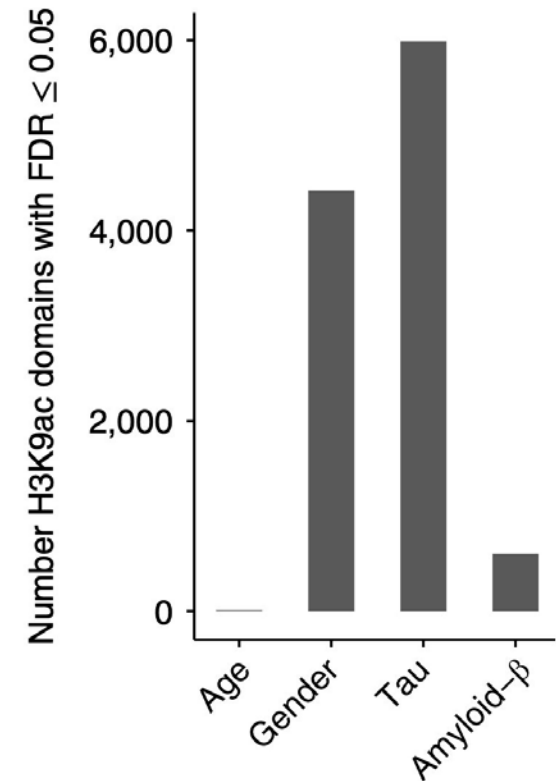
- **Widespread cortical DNA methylation changes** in AD, predominantly **hypermethylation** across 300+ loci, strongest in **non-neuronal (microglial, astrocytic)** populations.
- **Key genes affected:** *ANK1*, *SPI1 (PU.1)*, *HOXA3*, *TNFRSF1A*—linking **immune activation, developmental, and metabolic** pathways.
- **GO enrichment:** immune regulation, mitochondrial stress, and extracellular matrix remodeling—core **pathogenic axes** of AD.
- **Conclusion:** AD methylomic shifts are **cell-type-specific**, reflecting **glial epigenetic reprogramming** rather than neuronal loss.



Shireby et al., Nat. Comm., 2022  
DNA methylation array > 300 samples

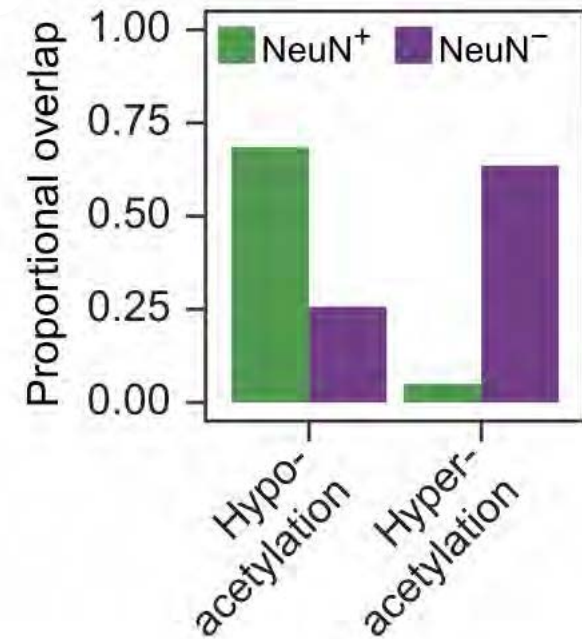
# Histone modification signatures in A

- >600 aged human **dorsolateral prefrontal cortex (DLPFC)** samples from the **Religious Orders Study and Rush Memory and Aging Project (ROS/MAP)**; profiled **H3K9ac** using **ChIP-seq**.
- **Tau drives widespread chromatin remodeling: 23% H3K9ac domains (*mostly promoters*)** associated with **tau burden**, but only 2% with amyloid- $\beta$ ; tau effects extended across multi-megabase genomic segments reflecting higher-order chromatin architecture .
- Corresponding **RNA-seq (n = 500)** from the same brains showed coordinated transcriptional shifts within these segments ( $\rho = 0.83$  with H3K9ac), linking **tau pathology to altered transcription through chromatin restructuring** .



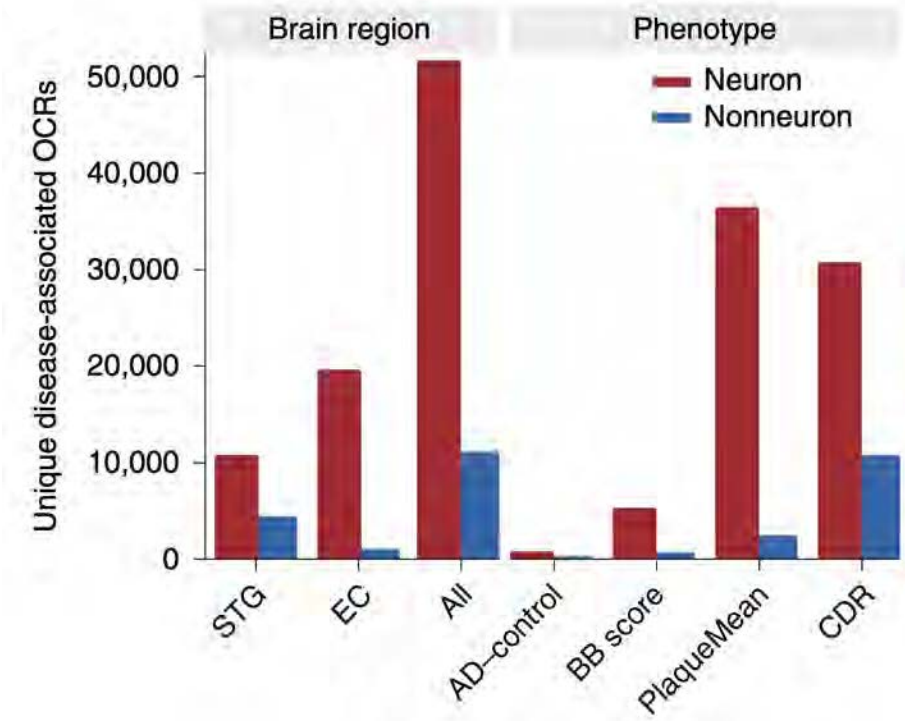
# 3D chromatin dysregulation in AD

- Generated **Hi-C maps** from sorted **NeuN<sup>+</sup>** (neuronal) and **NeuN<sup>-</sup>** (glial) nuclei isolated from **four human dorsolateral prefrontal cortex (DLPFC)** samples; integrated with **H3K27ac ChIP-seq** and **RNA-seq** to construct **cell-type-specific 3D chromatin interaction maps** .
- AD-associated **hypoacetylation** localized to **neuronal enhancers (NeuN<sup>+</sup>)** → downregulation of synaptic genes; **hyperacetylation** confined to **glial enhancers (NeuN<sup>-</sup>)** → upregulation of astrocytic and oligodendrocytic genes .
- **AD GWAS heritability** enriched in **NeuN<sup>-</sup> (glial) enhancers**, and **Hi-C-based H-MAGMA** identified **181 AD risk genes**, including *BIN1*, whose promoter interacts with AD risk loci specifically in glia .
- Together, findings reveal **cell-type-specific regulatory mechanisms in AD**—genetic risk converges on **microglia**, while **epigenetic remodeling** involves **astrocyte/oligodendrocyte activation** and **neuronal repression** .



# Open-chromatin alterations in AD

- **ATAC-seq on NeuN<sup>+</sup> (neuronal) and NeuN<sup>-</sup> (non-neuronal) nuclei from entorhinal cortex (EC) and superior temporal gyrus (STG) in the MSBB-AD cohort (209 individuals; 636 libraries), integrated with bulk RNA-seq and whole-genome data.**
- **Robust disease-linked differences in open chromatin regions (OCRs), especially in EC neurons, highlighting regional and cell-type specificity.**
- **OCRs linked to target genes, explaining variance in expression and revealing cell-specific enhancer-gene relationships relevant to AD pathways.**
- **Definition of cis-regulatory domains (CRDs) and their AD-related perturbations, suggesting higher-order regulatory reorganization beyond single enhancers.**



*Bendl et al., Nat. Neuro., 2022*

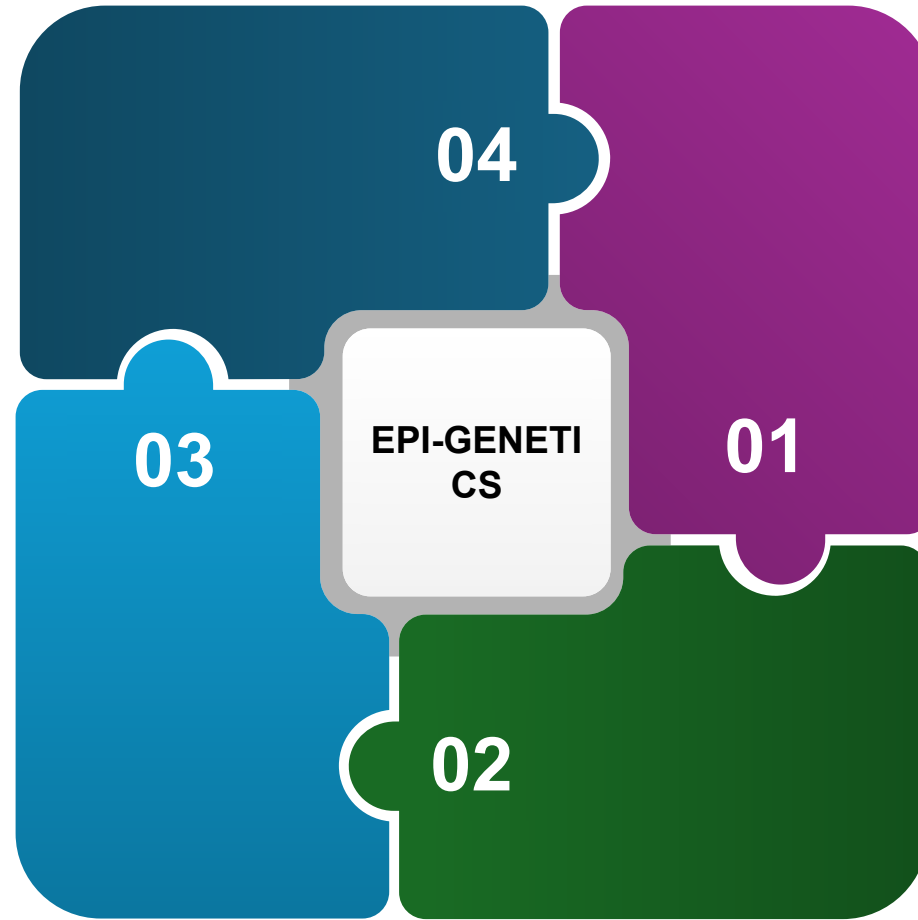
# Summary

## 3D genome

*Glial enhancer reorganization*

## Chromatin accessibility

*Region-specific enhancer shifts*



## Histone acetylation

*Tau-driven chromatin remodeling*

## DNA methylation

*Glial hypermethylation signatures*



Bulk



Single Cell

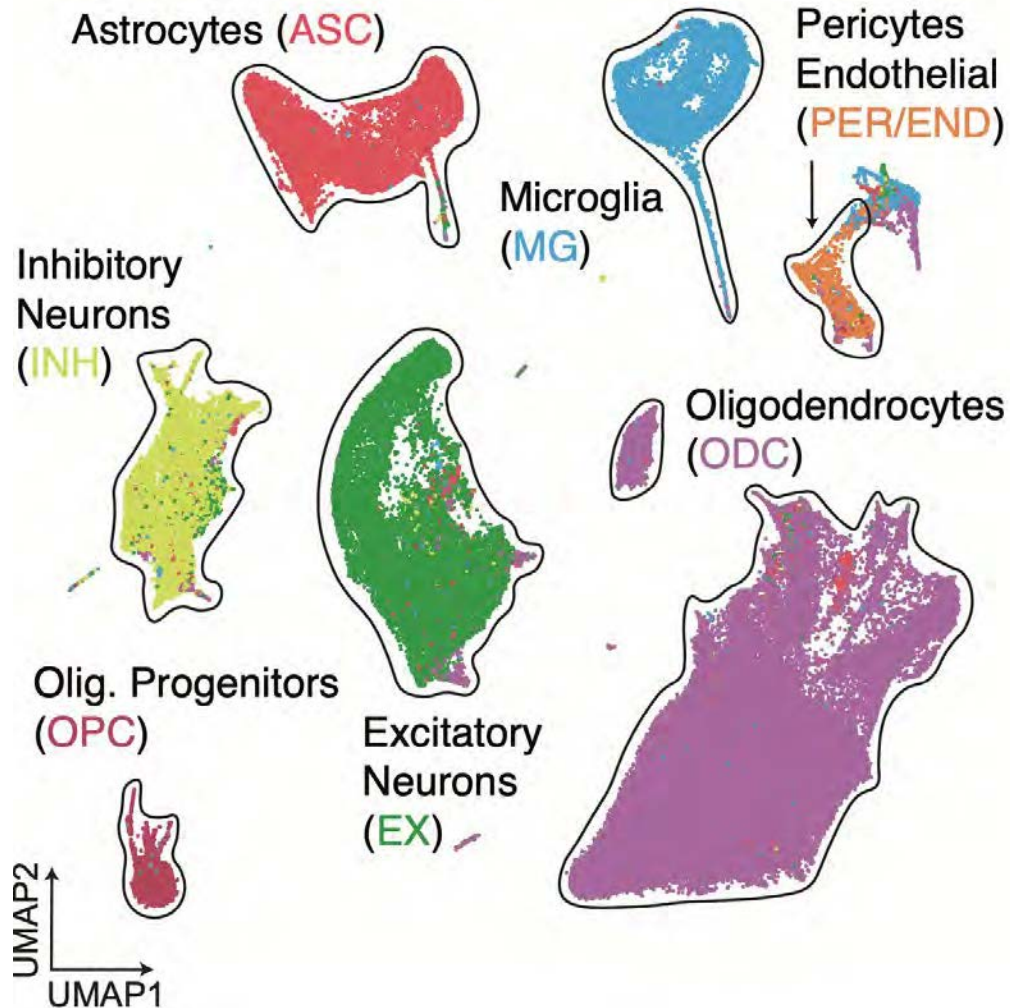


Spatial

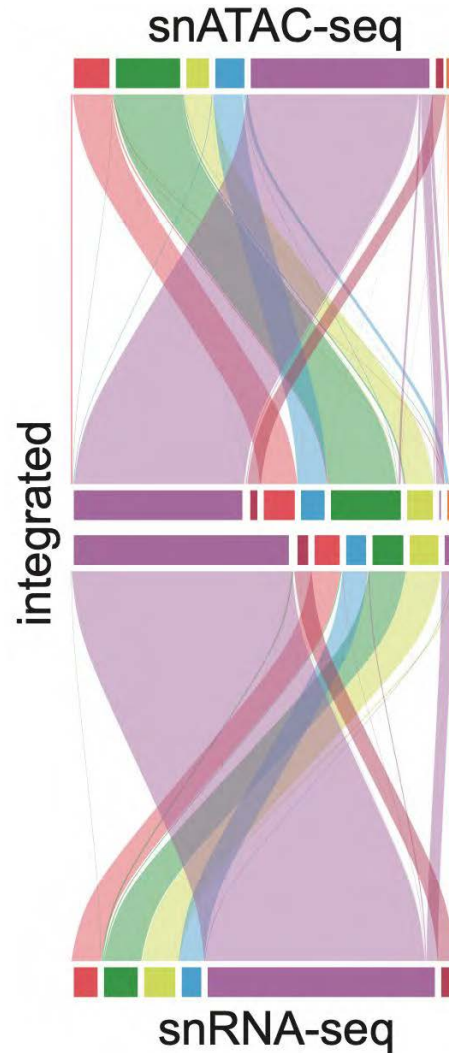
The next evolution in  
epigenetics

# Single-cell multi-omics in AD

## snATAC + snRNA integrated

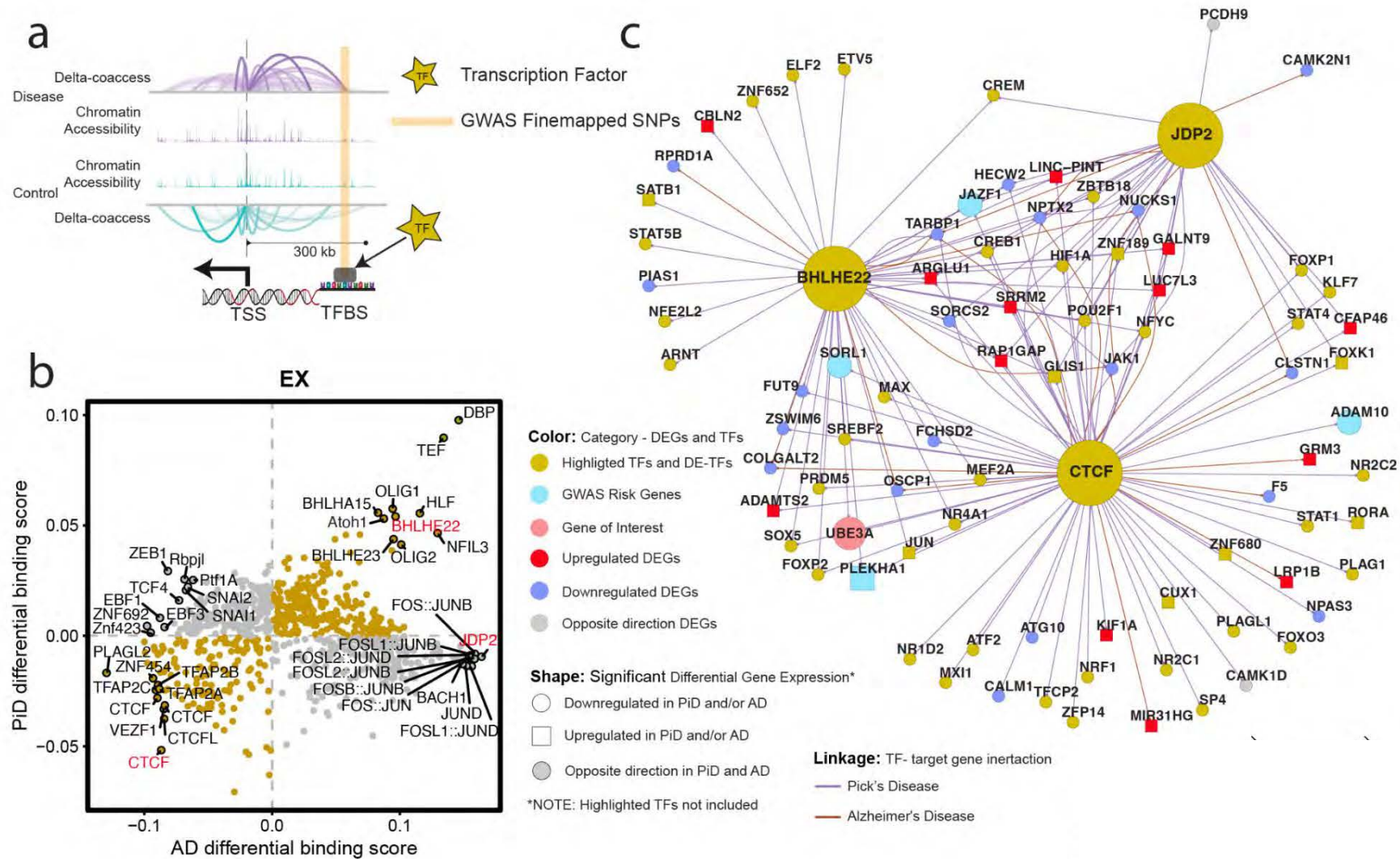


>192,000 nuclei



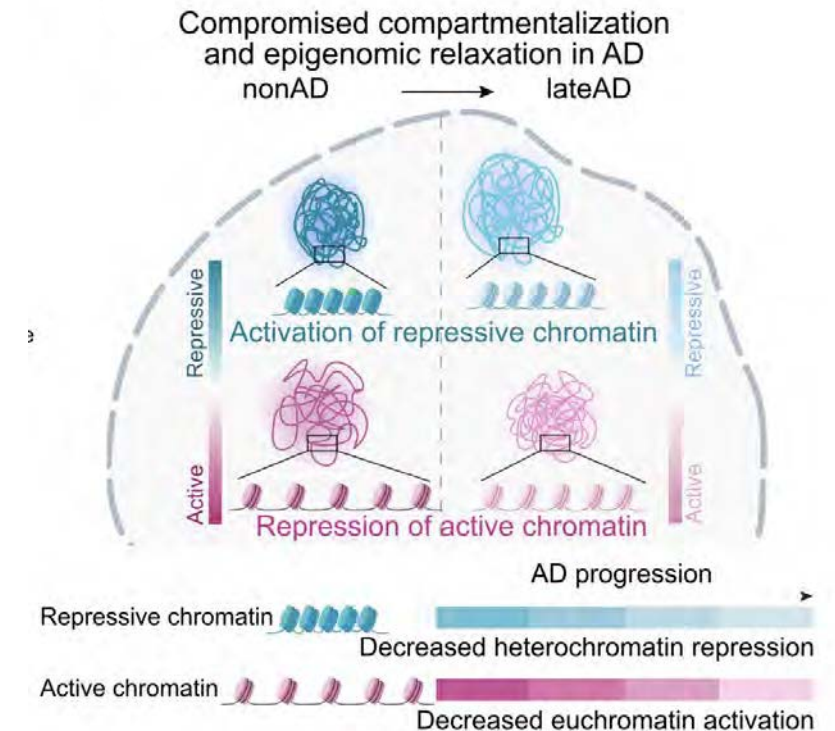
Morabito et al., Nature Genetics, 2021

# TF regulation in AD



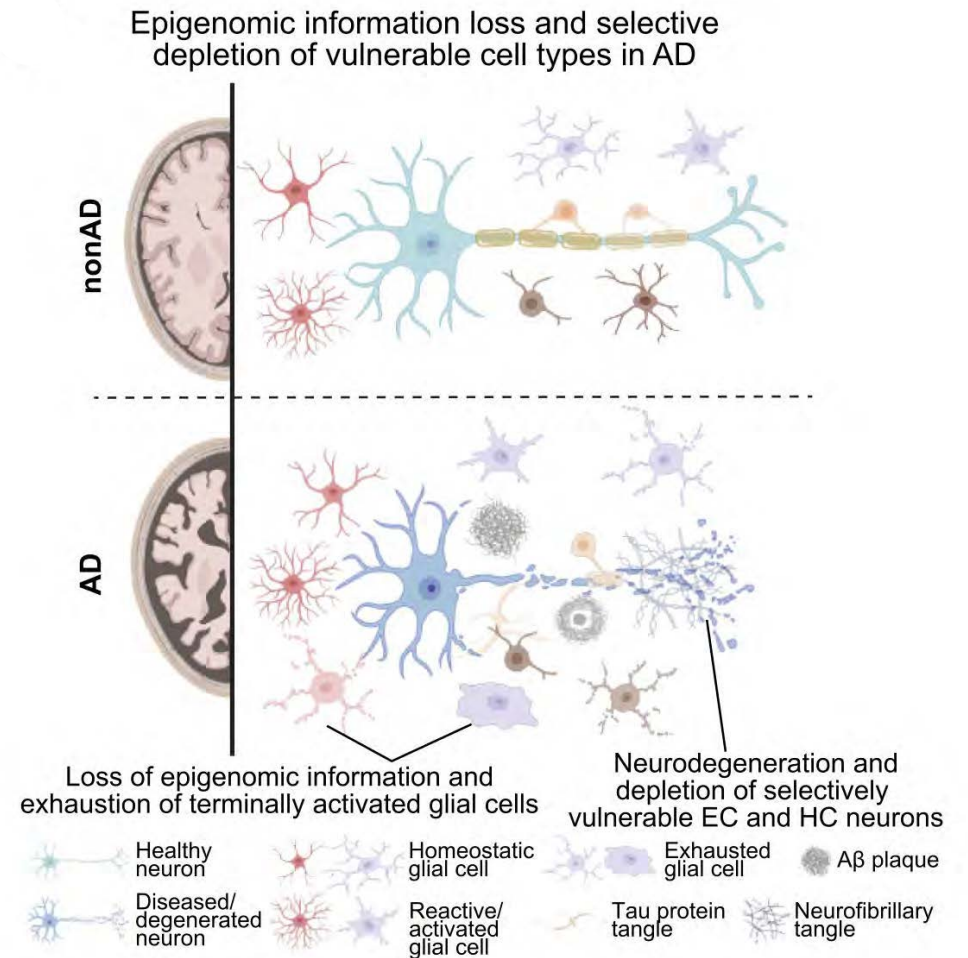
# Epigenomic rewiring in AD

- Generated a single-cell multiomic atlas of **3.5 million nuclei** from **six brain regions** across **111 individuals** using **snATAC-seq**, **snRNA-seq**, and **multiome** profiling.
- During Alzheimer's progression, **repressive chromatin becomes activated** while **active chromatin becomes silenced**, reflecting large-scale epigenomic dysregulation.
- **Loss of chromatin compartmentalization** leads to **epigenomic relaxation** and **transcriptional instability**, driving neuronal vulnerability and cognitive decline.



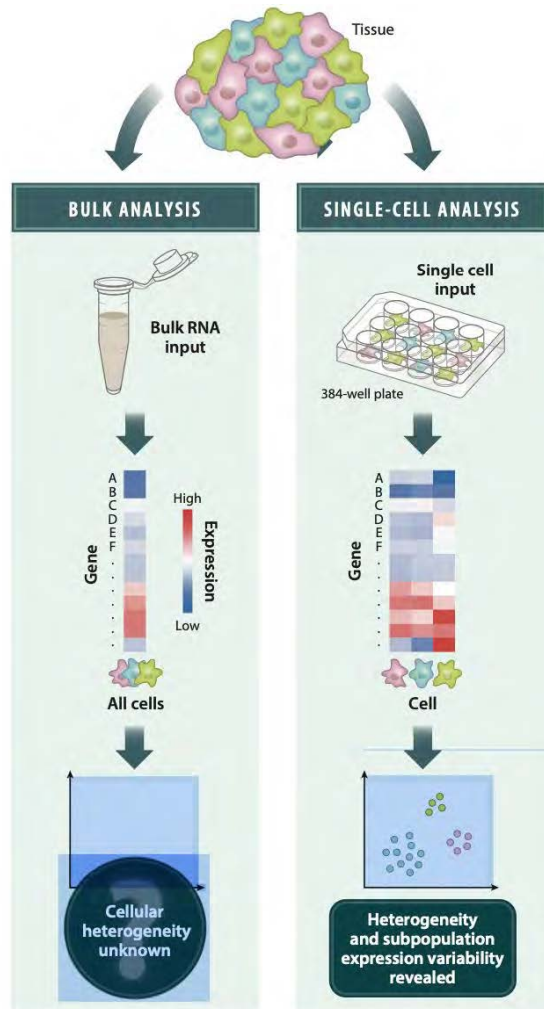
# Epigenomic rewiring in AD

- AD progression leads to **loss of epigenomic information** and **exhaustion of activated glial cells**.
- **Reactive glia fail to maintain homeostasis**, contributing to tissue inflammation and degeneration.
- **Selective neuronal loss** occurs in **entorhinal and hippocampal regions**, driving **neurodegeneration and cognitive decline**.



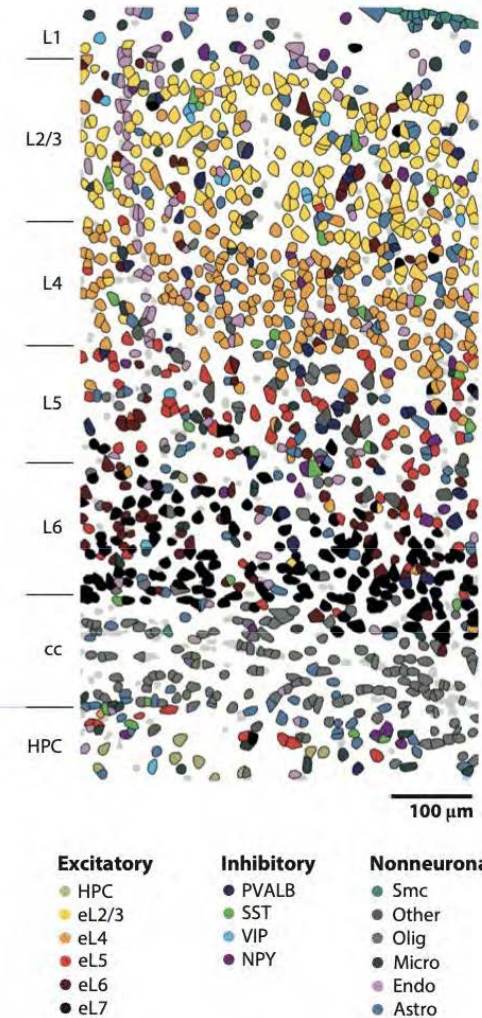
*Liu et al., Cell.,  
2025*

# Limitations of single-cell approaches



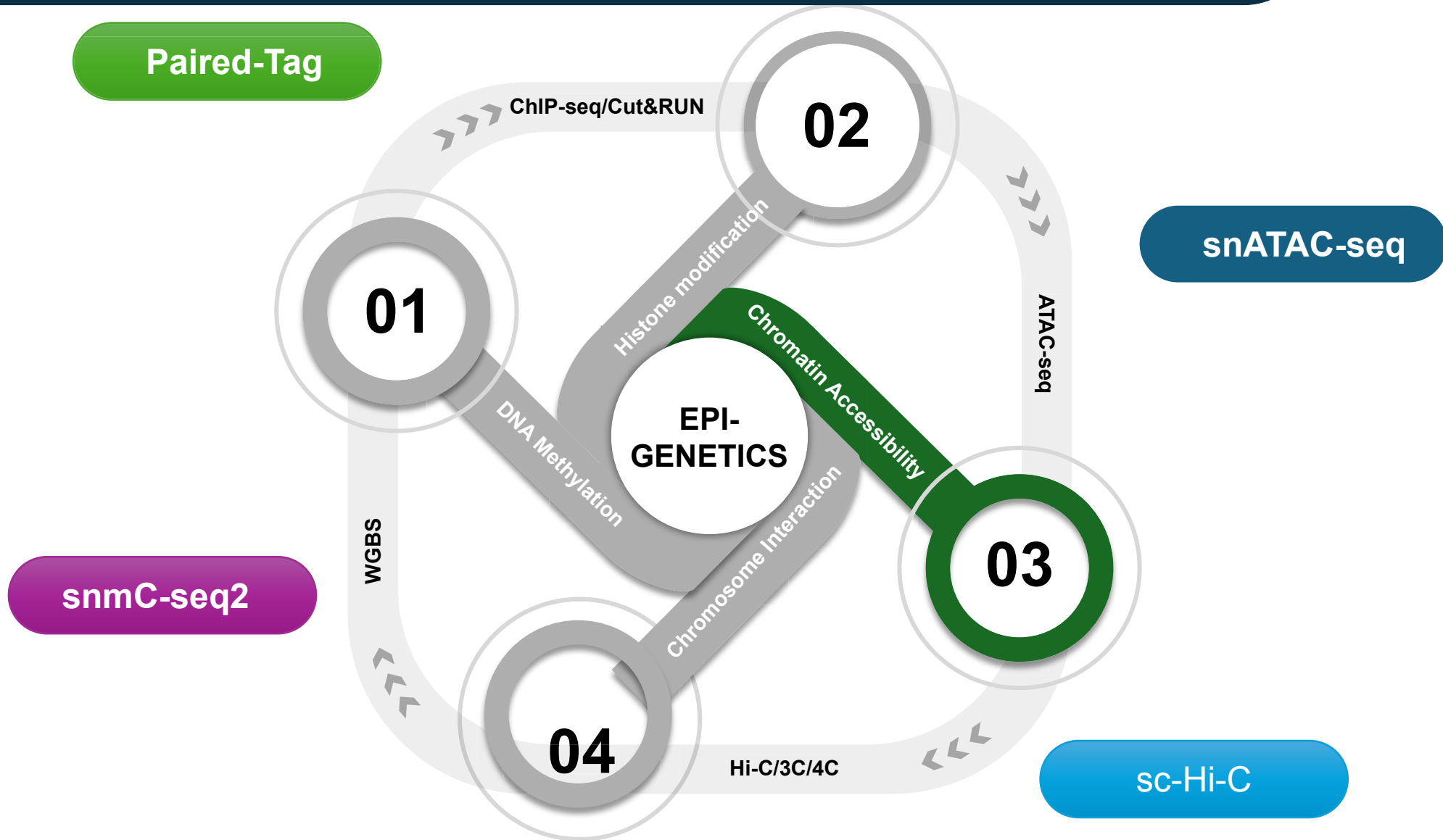
Spatial Epigenomics

**C** Mapping of multiple genes and cell types in tissue (STARmap)



Ortiz et al., *Ann. Rev. Neuroscience*, 2021

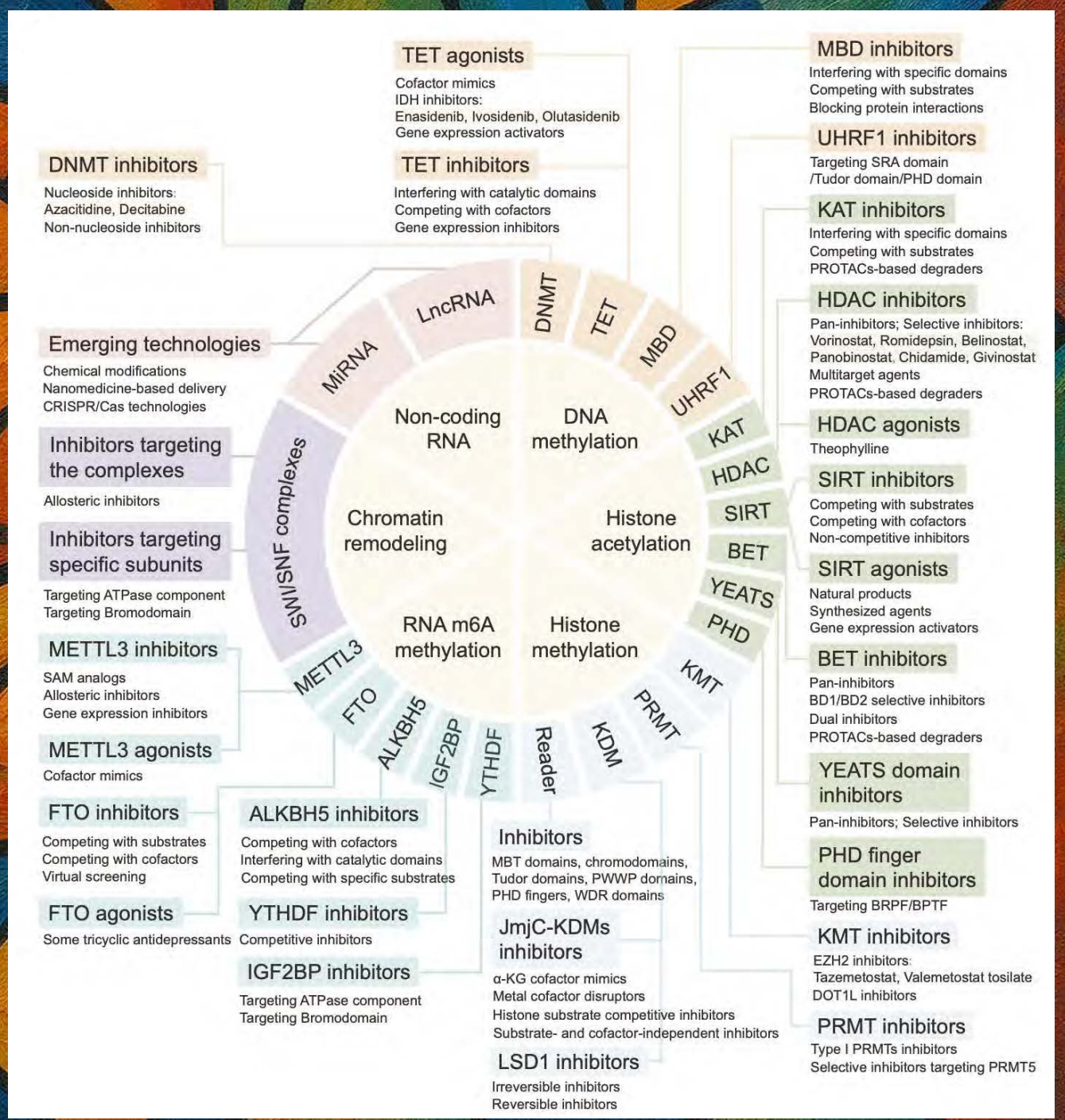
# Limitations of single-cell approaches

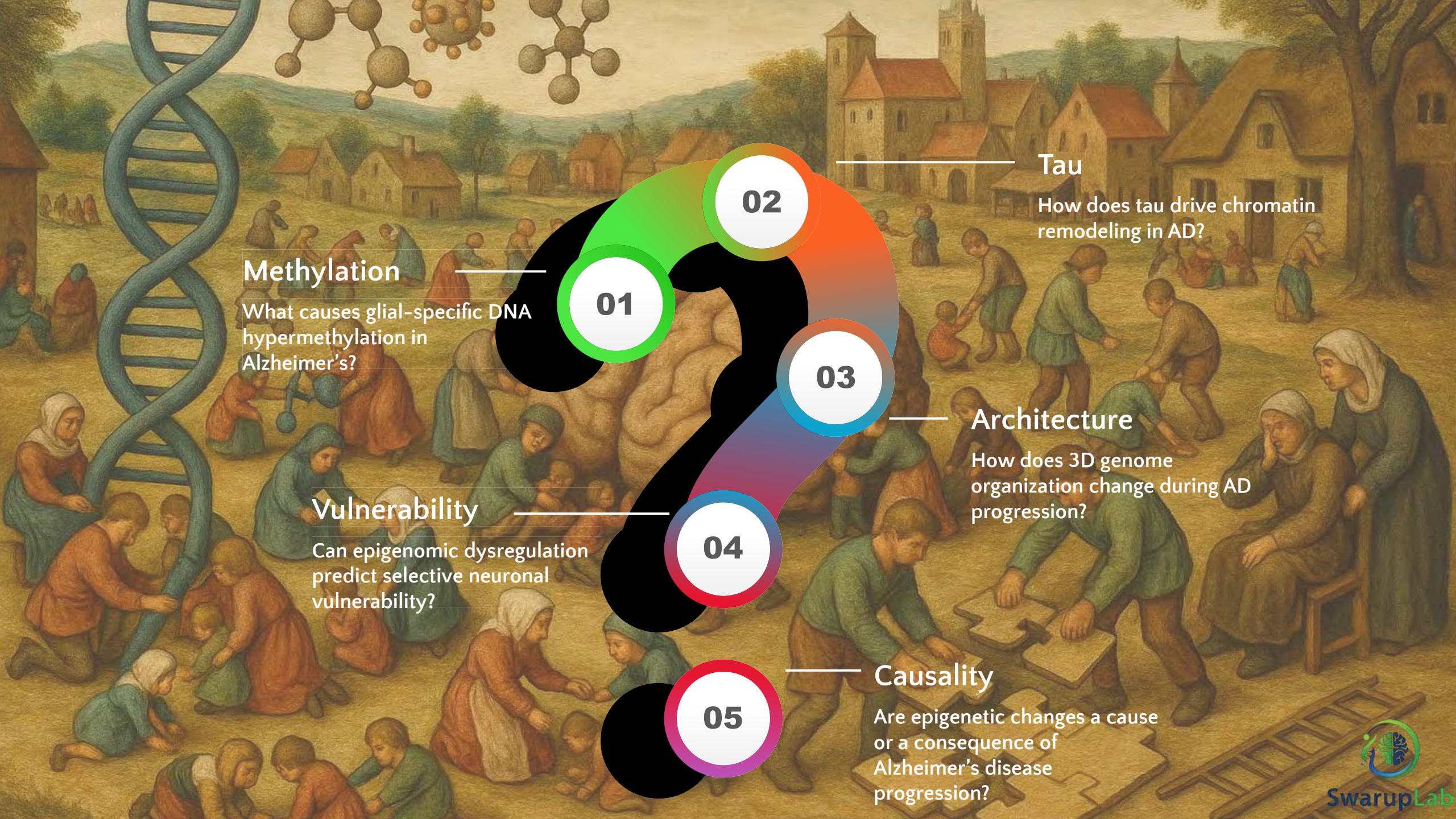


# THERAPEUTICS



# Epigenetics in Therapeutics





## Methylation

What causes glial-specific DNA hypermethylation in Alzheimer's?

02

## Tau

How does tau drive chromatin remodeling in AD?

01

03

## Architecture

How does 3D genome organization change during AD progression?

## Vulnerability

Can epigenomic dysregulation predict selective neuronal vulnerability?

04

## Causality

Are epigenetic changes a cause or a consequence of Alzheimer's disease progression?

05